

## *Personal Bio*

# KAREN BROWN EXECUTIVE DIRECTOR Texas AHEC East - Waco Region

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**Karen Brown** is the Executive Director of the Waco Region of Texas AHEC East. As Executive Director she is responsible for financial management, program planning and development, human resource management, training, marketing, report generation, and funds acquisition in the administration of the Center and its staff. Prior to her appointment as Executive Director, Ms. Brown spent two years as the Coordinator for Community-based Student Education and Practice Entry and Support.

Ms. Brown has extensive experience with education and outreach services to promote optimal health for teens.

During 2009-2012 she recruited, managed, trained and supervised teenage employees to conduct peer led, train-the-trainer programs promoting tobacco use prevention in a 37 county region in Eastern NC. She has also facilitated small group tutoring and assisted in implementing intervention strategies for students.

She is a certified instructor for Youth Mental Health First Aid , holds certifications in Mental Health First Aid and has advanced training in Virtual Dementia, Youth Activism and Motivational Interviewing.

Ms. Brown holds a Bachelor of Arts degree in Physical Education from the University of North Carolina-Wilmington and a Masters of Education in Health Education and Promotion from East Carolina University.

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